

## the advocate's Voice



#### Farewell to Joy McKay

Farewell to Joy McKay. Thank you, Joy for all your hard work and dedication to Capstone. We will miss you!



#### **Capstone Welcomes Debi Fitts**



Debi Fitts is excited to join the Capstone Agency as our new Director and Program Coordinator. She has worked in non-profit for twenty years, most recently at St. Joseph's Children's Home in Torrington.

Debi is a trained facilitator and leader in the fields of drug and alcohol prevention, youth services, computer security, assistive technology, and is a certified grant writer.



Having grown up in the valley, she met her husband of 41 years and here they farmed and raised their four children. Now she loves to brag about her ten grandchildren, eight of whom live in the valley.



Commitment to bettering life for children and families in Western Nebraska is Debi's number one goal. She says she is looking forward to working with Capstone in child abuse victim services and child abuse prevention.

#### April 2012

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United Way of Western Nebraska



Alliance Satellite Office Is now open



We have conducted many interviews since we've been opened. Our trained interviewers for this site are: Colleen Busch, Alliance Police Department and Keith Drinkwalter, Nebraska State Patrol.

Thank You!!

Colleen Busch, Maggie Britten, Janell Grant, Monica Bartling, Kathy Carter, Stacie Lundgren, Alliance Police Department, Alliance Fire Department, for making this all possible!!



Thanks to Stacie Lundgren who is working on completing our mural.



		Interviews for	2011		
		Total 393			
Box Butte County	29			Kimball County	13
Cheyenne County	60			Morrill County	20
Dawes County	22			Scotts Bluff County	214
Deuel County	3			Sheridan County	12
Garden County	1			Sioux	1
Other Courtesy	12				

#### Options in Psychology, LLC is offering Parenting Classes

Circle of Security Parenting:

An attachment-relationship based Approach to Understanding Children's needs.

The Circle of Security it is a relationship-based program aimed at understanding children's needs while building on parents' natural abilities and capacities to respond to those needs. The approach is designed to provide parents with a roadmap for being able to look at children's behavior as communication, and not just misbehavior when disruptive.

To learn more about or/and to register please contact Options in Psychology, LLC at 308-632-8547

Dates of Circle of Security Parenting: Thursday evenings

- April 12, 19; May 3, 10, 17, 24, 31 and June 7, 17, 2012
- The class will be on Thursday evenings from 5:30 p.m to 7:00 p.m. at Options in Psychology, LLC.
- The cost will be \$200 for the 8 week session or \$300 for a couple with children.
- Register soon as the course is limited to 12 participants.

#### Becoming a Love and Logic Parent

Presented by Community Action Partnership of Western Nebraska Youth Programs Natalie Gifford, BA and Betsy Roose BA, Independent Facilitators of the Becoming a Love and Logic Parent Curriculum Please contact Betsy at 633-3203 to register or for more information All classes held at the Family Development Center Located 513 West 24th Street Cost is \$40 per person/couple Youth up to age 24 free of charge

April 2012 Tuesday mornings 9 a.m.- 11 a.m. April 3rd, 10th, 17th, 24th

May 2012 Tuesday afternoons 3 p.m. - 5 p.m. May 1st, 8th, 15, 22nd

June 2012 Tuesday evenings 6 p.m. - 8 p.m. June 5th, 12th, 19th, 26th



CAPstone will be putting up pinwheels in



CAPstone's yard on

Monday, Apríl 2nd, at 2:00 p.m.

We will be putting up 1827 pinwheels, which represents



the number of interviews since CAPstone opened in 2000!!

Come and join the fun!!







# **Calendar of Events**

## April is National Child Abuse Prevention Month

Planting of Pinwheels on April 2, 2012

Superhero Race TBA

National Night Out on August 7, 2012

Light of Hope in September

## **CAPstone Remodeling**







