

CAPstone's 3rd Annual SUPERHERO RUN 2012

Every Kid Needs Heroes, Abused Kids Need Superheroes!

Complete your registration form by clearly writing all requested information, sign the waiver and mail along with payment to: CAPstone, 900 P Street, Gering, NE or drop off the form with payment at our office (see the address above).

On-site Registration:

You may register on race day at the Start location - Capstone Gering office - 900 P Street. Registration will begin at 8:30AM, payment is due at the time of registration. (T-shirts not guaranteed if not pre-registered)

Email Registration: Complete your registration and email to admin@capstonenebraska.com Make your payment online

http://www.capstonenebraska.com/Super%20Hero.html or PayPal on our Website

Race Information

Times:

Date of race: June 9th, 2012 (Saturday)

Check-in: 8:30AM at Capstone Gering Office

900 P Street, Gering

Race begins: Capstone Gering Office Race ends: Gering Junior High School

Race Start: 1K Kids Fun Run begins 9:30AM

Costume Contest: Will be held at the completion of the race.

5K Walk/Run begins 10:00 AM

Who wins: We are all Superheroes! With your support of CAPstone (Child Advocacy Center) our community wins.

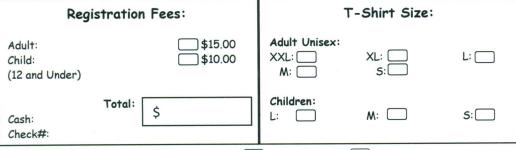
Questions?? Contact us at: 308-632-7274 Email: admin@capstonenebraska.com See our website at: www.capstonenebraska.com

SELECT THE EVENT YOU WILL BE PARTICIPATING IN:						
5K Walk/R	un	1K Kids Fun Run	CAPSTONE			
First Name: Mailing Address:	Last Name:		CATSTONE			
City:	State: Zip:		田り田			
E-Mail:	CHILD ADVOCACY CENTER					

	Waiver: T know that run	ning a road race is a potentially
	hazardous activity. I sh medically able and prope associated with running t tripping and falling, cont effects of weather, traf	ould not enter and run unless I am rly trained. I assume all risks this event, including, but not limited to act with other participants, the fic, and the conditions of the road, all
_	waiver and knowing these acceptance of my entry,	preciated by me. Having read this e facts and in consideration of I, for myself and anyone entitled to and release CAPstone (Child Advocacy
	sponsors, contractors an successors from all clain of my participation in th	and affiliates, the City of Gering, all d volunteers, their representatives an so or liabilities of any kind arising out is event though that liability may arise clessness on the part of the persons
	named in this waiver. I g to use any photographs of any legitimate purpose a posted on the CAPstone event. I also understand A parent must sign if en	grant permission to all of the forgoing or any other record of this event for nd I understand that my name may be website as a participant of the 2010 I that my entry fee is non-refundable. trant is under 18 years of age. This is has permission to compete in this even
	and is in good physical co	

	risks being knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release CAPstone (Child Advocacy Center), its subsidiaries and affiliates, the City of Gering, all sponsors, contractors and volunteers, their representatives ar successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the forgoing to use any photographs or any other record of this event for
	any legitimate purpose and I understand that my name may be posted on the CAPstone website as a participant of the 2010 event. I also understand that my entry fee is non-refundable. A parent must sign if entrant is under 18 years of age. This is to certify that my child has permission to compete in this even and is in good physical condition.
(Office Use:

und is in good physical condition.				
Office Use:	Race#:			
Age Category:				



Male: Age and Gender Categories: Female: 35 - 50: Kids 7 & under: Kids 8-16: 17 - 34: Over 50:

Date:

Parent's Signature:_

(If under 19, signature of Parent/Guardian is required)