

# CAPstone CATCH UP



CAPstone CHILD  
ADVOCACY CENTER

“A PLACE TO BE HEARD,  
A PLACE TO HEAL.”

MAY 2021

## CAPstone Office Locations

Scottsbluff/Gering  
900 P Street  
Gering, NE 69341  
308-632-7274

Chadron  
316 Main Street  
Chadron, NE 69337  
308-432-8145

Alliance  
2307 Box Butte Avenue  
Alliance, NE 69301

Sidney  
1109 10<sup>th</sup> Avenue  
Sidney, NE 69162

## Pinwheels for Prevention

This is just a small handful of Pinwheel displays that were displayed through the panhandle through the month of April. Thank you everybody for the support.



## CAPstone STAFF

Monica Shambaugh  
Executive Director

Lisa Collins  
Forensic Interviewer, MDT  
Coordinator

Karol Garduno  
Family Advocate

Rebecca Fernau  
Forensic Interviewer,  
Community Outreach  
Coordinator

Shelley Thomas  
Forensic Interviewer

Isabella Irish  
Family Advocate

Winnie Voss  
Child Advocate/Administrative  
Assistant

## CAPstone Donors are Superhero's



### DONATIONS

Anonymous  
Stuffed Animals

Alan Maisonet  
\$270.00



### CAPstone WISH LIST

#### For the Children

New Beanie Babies/stuffed animals  
New Blankets  
New Backpacks  
Journals  
McDonalds/Runza gift cards

#### For the Facility

Gift cards to Walmart/Target  
Individually wrapped snacks/juices

## CRIME COMMISSION AWARDS CAPSTONE VOCA FUNDING

CAPstone staff received notice Thursday, April 15, that CAPstone has been awarded \$81,017.00 in VOCA funding for the fiscal year July 1, 2021 to June 30, 2022 as long as contingencies are met by the Executive Director which included resubmitting a budget to reflect the amount awarded and some rewording of objectives. These contingencies need to be completed and submitted back to the Crime Commission no later than Friday, May 7, 2021. CAPstone will have the opportunity for this same amount of money for fiscal year 2022-2023 dependent upon the success of year 1, as outlined in the Special Conditions that will accompany the award.

**VOCA HELPS KIDS HEAL**

- **\$1.5 Billion** meant for abused kids & other victims could be **lost** to cuts
- **136,000** kids abused annually in areas without access to services they need
- **\$327 Million** needed to fund Children's Advocacy Centers in unserved areas and fill unmet staffing needs each year

Save the Victims of Crime Act funding that helps kids.

The logo for the National Children's Alliance, featuring a colorful circular pattern of dots and the text "NATIONAL CHILDREN'S ALLIANCE" below it.

CAPstone BOARD OF DIRECTORS 2021

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Chadron State College

SHARON WALKER  
Retired Social Worker

GEORGE SCHLOTHAUER  
Bridgeport Schools

KAYLA IMUS  
Heritage Estates

LAURA BURGESS  
SBCO Attorney's office

KATHERINE BATT  
Department of Health and Human Services

RACHEL DELLE  
Scottbluff Schools

JANE FLIESBACH  
Fliesbach Foundation

ADAM FRERICHS  
Cheyenne County Sheriff's Office

PAMELA BARKER  
Gering Public Schools

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Box Butte General Hospital

TINA JAMES  
CS Precision

MELISSA VAN GALDER  
Guardian Belle's

VICKY MORENO  
SBCO Attorney's office

BETH RUZICKA  
RWMC

AMANDA BOSSE  
RWMC

JEFF PECK  
Intralinks

KATHY STOKEY  
Retired

## Website

[www.capstonenebraska.com](http://www.capstonenebraska.com)

## Email

[director@capstonenebraska.com](mailto:director@capstonenebraska.com)

## Facebook

<https://www.facebook.com/CAPstone-Child-Advocacy-Center-310733285741/>

### To report child abuse/neglect

#### Nebraska child abuse/neglect hotline

1-800-652-1999 or call your  
local Law Enforcement  
agency.

## CAPSTONE PARTICIPATES IN UNITED WAY FUNDS DISTRIBUTION MEETINGS

For the fiscal year July 1, 2021 to June 30, 2022, CAPstone made application to United Way of Western Nebraska and Dawes County United Way requesting funding to pay for mental health services. CAPstone requested \$22,000.00 from United Way of Western Nebraska and \$2,000.00 from Dawes County United Way which would assist families who do not have adequate insurance to pay for mental health counseling for their children or the non-offending caregiver. CAPstone has linkage agreements with mental health counselors throughout the panhandle who agree to charge CAPstone the Medicaid rate for mental health services. CAPstone assists in arranging for mental health counseling and advises the counselors CAPstone will pay for the first five sessions. If more sessions are necessary, the mental health counselor requests additional sessions through CAPstone. CAPstone will be advised toward the end of May whether or not they will receive any funding requested from the United Way.



### ATTENTION ATTENTION READ ALL ABOUT IT

If there is something you would like to see in our newsletter or would like to add to our newsletter, such as a job opening or an event you are having, please let us know.

Email Rebecca at [outreach@capstonenebraska.com](mailto:outreach@capstonenebraska.com) or call at 308-432-8145



If you are interested or feel inspired to help CAPstone by becoming a board member or volunteer, contact Monica Shambaugh in Gering at 308-632-7274. We would be more than happy to visit with you about this opportunity.



**United Way of  
Western Nebraska  
Partner Agency**

## **UPCOMING TRAININGS**

### Bridges Out of Poverty

June 8 @ 9:00 am - 3:00 pm MDT

This workshop is a comprehensive approach to understanding poverty using the lens of economic class and provides concrete tools and strategies for a community to alleviate poverty. Participants will review poverty research, examine a theory of change, and analyze poverty through the prism of the hidden rules of class, resources, family structure, and language.

This workshop is open to the general public and perfect for community organizers, elected officials, concerned citizens, nonprofit staff, mental health providers, educators and school counselors, those working in the health and human service industry, frontline employees and more!

Registration \$35 – includes refreshments and lunch.

Scholarships are available. Please email [kayla.gasker@panhandlepartnership.com](mailto:kayla.gasker@panhandlepartnership.com)

Check-in and networking will begin at 8:00 a.m.

Various agencies will have outreach tables.

Contact Kayla Gasker to arrange a table, please email

[kayla.gasker@panhandlepartnership.com](mailto:kayla.gasker@panhandlepartnership.com)

In order to have the workbook/book available for you at the event, the deadline to order is Friday, May 14.

### **CAN 101**

This course prepares mandatory reporters with the knowledge and skills to recognize and report child abuse and neglect along with an overview of the different types of abuse and their prevalence in Nebraska. In this training, participants will discuss challenges associated with reporting abuse and neglect, practice asking minimal facts questions, and receive resources that will help with knowing how and when to report.

#### **Participants will:**

Learn the different types of child abuse and neglect

Know what to do when they suspect child abuse and neglect

Understand how to report child abuse and neglect

Learn what questions to ask when child abuse and neglect is suspected

Understand what happens when a report is made

If you are interested in a CAN 101 training for your agency or organization, contact Rebecca at [outreach@capstonenebraska.com](mailto:outreach@capstonenebraska.com) or call 308-432-8145 or Monica at [director@capstonenebraska.com](mailto:director@capstonenebraska.com) or 308-632-7274.

# May

## SEASONAL PRODUCE GUIDE

### VEGETABLES

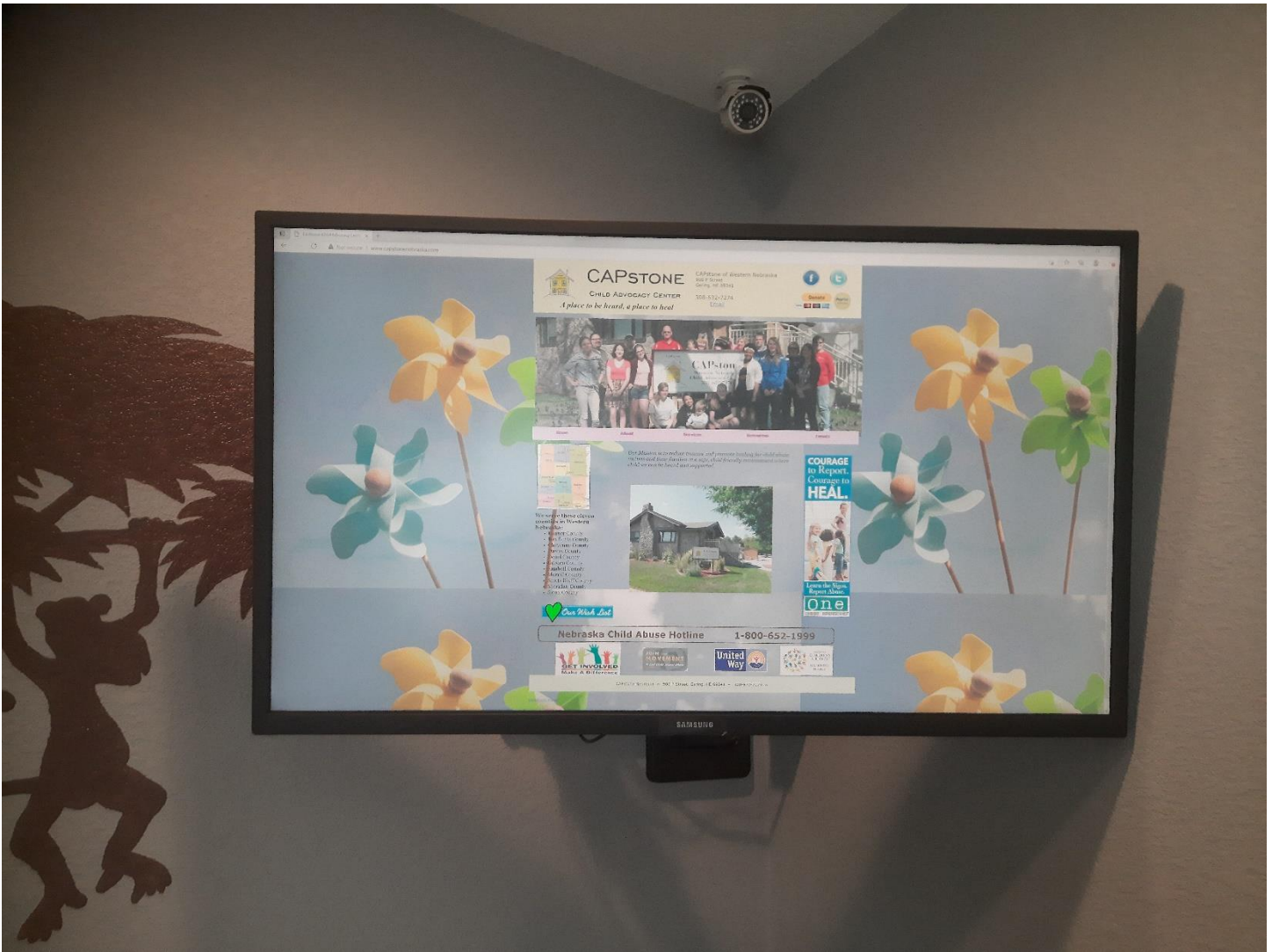
ARTICHOKES  
ARUGULA  
AVOCADO  
ASPARAGUS  
BEETS  
BELL PEPPERS  
BROCCOLI  
CABBAGE  
CAULIFLOWER  
CELERY  
CUCUMBER  
ENDIVE  
FAVE BEANS  
FUNNEL  
KALE  
LEEKs  
PEAS  
POTATOES  
RADICCHIO  
SPINACH  
SPRING ONIONS  
TOMATOES  
ZUCCHINI

### FRUITS

APPLES  
APRICOTS  
BLACKBERRIES  
BLUEBERRIES  
CANTALOUPE  
CHERRIES  
GRAPEFRUIT  
LEMON  
LIME  
MANGO  
ORANGES  
NECTARINES  
PEACHES  
PLUMS  
RASPBERRIES  
STRAWBERRIES



# What's New at CAPstone



The CAPstone Board of Directors authorized a purchase of a video screen and software so that CAPstone can continually update visitors to our center regarding monetary donations and tangible gifts provided to the center. These posts would include any donations received like journals, stuffed animals, gift cards, or other donations. This video screen will also showcase staff and update visitors on trainings in our area. The monitor in Gering is already up and available. A system for Chadron has been purchased and will be installed soon.

# What's Next for our Intern, Celeste

We are all sad to see Celeste leaving as she has recently completed her practicum experience with CAPstone. She had the opportunity to learn about the ins and outs of the child advocacy center. She focused on some prevention pieces and put together some materials that will be useful for our families about internet safety. She also worked with Monica in setting up a new EAP policy for the staff at CAPstone. Her job also included doing some family advocacy for the families that came to our centers. She battled through a major injury at the beginning of the semester and was able to push through her recovery and end the semester like a superhero. Celeste had the opportunity to observe in all the CAPstone offices in the panhandle. She will be graduating on Saturday, May 8<sup>th</sup> from Chadron State College with a bachelor's of Science degree, majoring in Social Work and minoring in Legal Studies and Creative Writing. She has recently accepted a position with Regional West Medical Center as a Social Worker in the Hospice area. We here at CAPstone wish Celeste the best in her future endeavors and are excited to see her grow in her new role.



*"There is a superhero in all of us, we just need the courage to put on the cape."* -Superman